

Arya Tara Family

SEPTEMBER 8, 2020



DEAR SPONSORS AND WELL-WISHERS,

Warm greetings from Arya Tara Family! Hope everyone is safe and sound.

We all know that the Covid-19 pandemic have jeopardized everyone's life around the world. Nepal, being a small and developing country with many still struggling to overcome basic life challenges, both ordinary people and the government have been badly affected. The government is trying to control the spread by lockdown. We went through the first lockdown from March till June. Due to the rapid increase of cases, again, since September the government has decided to extend the lockdown. Except for stores supplying essential food items and pharmaceuticals, all businesses are closed. Up-to-date we have 48,139 Covid cases. Fortunately, the death toll is only 317.





Despite everything, Arya Tara School has managed to run classes as usual, only with restriction to limit entry of outsiders. Considering the safety of everyone, we have advised a few teachers from outer region not to come since the initial phase of the pandemic. To fill in the empty teaching slots, classes shifted focus to reinforcing Tibetan language and Buddhist philosophy. It's a blessing in disgust that our nuns have also developed a reading habit and improved amazingly in vocabularies and many more.

Earlier, our senior nuns Ani Ngawang Dolkar and Ani Tsering Kunzum who are certified Montessori teachers and the in-charge of our Montessori project in Boudha, stayed at the school for a month for providing training to our other nuns. Now our classrooms have transformed into a more colorful, fun and engaging environment. Apart from studies, our nuns have been enjoying harvesting from our own small yet fruitful field during leisure time. We are happy to share with you that ATS is still filled with laughters and joy.

The pandemic affected the world in a wide spectrum. Here in Nepal, we have experienced difficulties like price hike and shortages of essential supplies. Luckily, we are blessed to have love from Ani la and everyone of you. Your continuous supports keep us safe and healthy.





Due to the pandemic, Ani la is able to spend more time in Nepal. She is constantly active in many different humanitarian projects and actions, including distribution of medical kits, mask, and PPE sets to high-risk frontline workers. She believes to make sure the medics, police and press can work safely, is to benefit the general public. Since the beginning of lockdown, suicide rate in Nepal has been increasing at an alarming speed. The expert expects the number to keep increasing. As a response to this serious issue, Ani la conducted different online sessions with children, youths and teachers from Nepal and India, in order to inspire and encourage them to stay positive and make the best use of the lockdown period for something meaningful.

As Buddhists, we trust that everything happens for the best reason. Your kindness and compassion to ATS, again, remind us to pay-it-forward to others who are in needs too. Our deepest gratitude.

May everyone be peaceful, safe and healthy.

With Love, from the ATS Family





